

# Zengården Member Fees 2023

(scroll down for non-member information)

|   |                                      |
|---|--------------------------------------|
| 4-day sesshin   | 1600kr (1000kr for half)             |
| 7-day sesshin   | 2800 (1600 for half)                 |
| retreat hut stays   | 400 per day (2800 for 7-day retreat) |
| Weekend retreat   | 800kr                                |
| Beginners' retreat (3 days)                                     | 1700kr                               |
| New Year's retreat  | 1300kr                               |
| Stay during ordinary schedule                                   | 150kr per day                        |
| Stay during Ango period   | 200kr per day                        |
| Cap on fees for stays of up to 120 days (including sesshins)    | 4.500kr per 30-day period            |
| Cap on fees after first 120 days of a stay (including sesshins) | 2.000kr per 30-day period            |
| Cap on annual fees for long stays*                              | 20.000kr per 365-day period*         |
| Cap on fees for frequent visitors                               | 20.000kr per calendar year           |

## Other costs

|                                      |       |
|--------------------------------------|-------|
| Return trip Zengården to Arboga      | 150kr |
| Return trip Zengården to Fellingsbro | 70kr  |
| Short introduction                   | 300kr |
| Hiring sheet set                     | 100kr |

\*This includes membership fees. It is set at a figure which is sufficient to cover one person's contribution to the annual grocery bill.

## Membership

You can apply for membership of the affiliate nearest you. A list of our affiliates is on [zentraining.org](http://zentraining.org). Membership of any affiliate includes membership of ZBS. If you live far from any of our affiliates, you can apply for distance membership of ZBS by emailing [zen@zazen.se](mailto:zen@zazen.se).

Zenbuddhistiska Samfundet account details

plusgirokonto 45 97 38-1

Swish: 1234 779 856

från utlandet: BIC: NDEASESS, IBAN: SE 7495 0000 9960 2604 5973 81

## Non-members

Non-members are welcome to apply for our beginners' retreats. Apart from those, we do not usually allow non-members to stay at Zengården, or to participate in our sesshins and retreats.

Exceptions are made on a case-by-case basis for experienced practitioners visiting from other Sanghas and for people who live a long way from one of our city centers who sincerely wish to try out Zen practice.

Please contact us for more details: [zen@zazen.se](mailto:zen@zazen.se).

## Non-member prices

|  |                            |
|--|----------------------------|
| 4-day sesshin  | 2.400kr ( 1.400 for half)  |
| 7-day sesshin and summer retreat                     | 4.200kr (2.300kr for half) |
| Weekend retreat                                      | 1.200kr                    |
| New Year's retreat                                   | 1800kr                     |
| Beginners' retreat (3 days)                          | 2.900kr                    |
| Stay during ordinary schedule                        | 300kr per day              |
| Stay during Ango period                              | 400kr per day              |
| Return trip Zengården to Arboga                      | 200kr                      |
| Return trip Zengården to Fellingsbro                 | 100kr                      |
| Short introduction, including one month's membership | 700kr                      |
| Hiring sheet set                                     | 100kr                      |